

# Sihanouk Hospital Center of HOPE

Phnom Penh, Cambodia

Newsletter#79, April 2009

*“Thank you so much for your helping me”*

## ***Surviving Many Hard Years***

Hum Naeuk is a 64-year-old patient who watched three of her ten children die from malnutrition during the Pol Pot regime. Tragically, Hum blamed herself for their deaths, because her body was too starved to produce breast milk to feed them.

Hum was born in Kampong Thom province and has lived there her entire life as a rice farmer. She and her husband never made enough to own any land. They had to rent plots to grow rice crops. Enduring the Pol Pot years, they saw many of their close family members die. Hum described the subsequent years living with *“hunger, war and insecurity for a decade.”*

## ***Still a Fighter***

In April 2008 Hum began to have difficulty breathing. Although she had no money, she knew she needed to see a doctor, so she began to ask around if anyone knew of a place she could receive help for free. It was a friend of her daughter who told them about the Sihanouk Hospital Center of HOPE—this friend had been treated at the Sihanouk Hospital in 2007.

Hum, who currently stays with her daughter in Phnom Penh, comes to the Sihanouk Hospital on a bi-weekly basis for medical check-ups on her heart and lungs. The doctors have prescribed medications for both her high blood pressure and heart condition, and they monitor her condition closely.

*“This hospital is very good for a poor person like myself,”* Hum said. *“Because I have no money, in my society I am left to just die if I get sick. The free medicine is as big of a help to me as a poor person, as the medical care from the doctors. I would never be able to buy medicine to treat my conditions. Thank you so much for helping me.”*



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## March 2009 Employees of the Month

### Mr. Thol Meas, Lead Radiology

#### Never Too Old

Mr. Thol Meas has worked in the X-Ray Department of the hospital since its opening in 1996. This is the second time he's being recognized as an Employee of the Month in seven years.

What makes Mr. Thol stand out is his enthusiasm and diligence. Though he's the oldest member in the department, he's also the most active. It seems like he's always around whenever there is a problem or when help is needed, whether it's taking care of a broken x-ray machine, working extra to cover a staffing need, or sharing his knowledge with the student trainees. He is also kind, compassionate, and respectful to the poor patients.



Mr. Thol shared at the Employee of the Month Celebration: "The hospital has grown a lot. Before, we only had a very old, donated x-ray machine. But now, we have this modern unit (the fluoroscopic x-ray unit) that is not found anywhere else in Cambodia. This is the result of the effort of our leaders and the hospital's generous donors."

"I believe that in order to perform well on your job, you have to have three guiding principles. The first is to follow hospital's policies. The second is to adopt the four core values – kindness, respect, compassion, and integrity. The third is work hard at our duties and cooperate with the department head. I always apply these three principles to myself."

We are proud of Mr. Thol and his work ethics. He is someone we can all imitate.

### Mr. Thy Seoun, Security

#### Never Too Much



Mr. Thy Seoun has worked in the Security Department of the hospital for five years. Initially, he worked as one of the security guards in the Chronic Care Facility. He was promoted as a team leader after just one year. Later, he was transferred to the hospital with the added responsibility of driving one of the ambulances. Though he has two different duties, Mr. Thy has proven himself a responsible staff. He always comes to work on time and receives correction well from others. He is grateful to other staff who have shown him the mistakes

he's made and helped him to change and grow.

As Mr. Thy received his award, he said, "I never thought that I could be named Employee of the Month though I always wished that I could be. Now that I am receiving this award, I am so excited! I would like to thank all the department heads for their support!"

## ***International Volunteers, March 2009***

***We are thankful to the many people who have volunteered their time to help the hospital!***



### **Infectious Disease Department**

Dr. Erika Vlieghe - Institute of Tropical Medicine(ITM),  
Antwerp, Belgium

### **IT Department**

Ms. Jen Canfield – Florida, USA

### **Laboratory**

Ms. Birgit De Smet – ITM, Antwerp, Belgium  
Dr. Leen Rigouts – ITM, Antwerp, Belgium

### **Medical Department**

Dr. Tara Nysoe – Washington State, USA  
Dr. Ted Sussman – Maine, USA

### **Nursing Department**

Ms. Suzanne Brown - HVO

### **Pharmacy Department**

Mr. Gerard Basili - Perth, Australia

### **Surgical Department**

Dr. Thomas Albright – Maine, USA  
Dr. Tim Keenan – Perth, Australia

## **Special Thanks**

***Over the past few months, several fundraisers were held at different corners of the United States to benefit the work of the hospital.***

- In February, the hospital received a donation of over \$5,000 from the community of Houlton, Maine. We want to thank Dr. Ted Sussman, many of his colleagues at the Houlton Regional Hospital, Ted's wife Iva, and the people of the community of Houlton. According to Dr. Sussman, who came to SHCH to volunteer for the 4<sup>th</sup> time this year, several nursing staff organized a benefit dinner and held bake sales to raise funds to help our hospital. Many people in the community gave generously. Dr. Sussman also brought us a BiPAP machine, hemocult, and respiratory supplies.
- On March 27 in Boston, 24 men played basketball for 24 straight hours to raise \$US 24,000 for the hospital. Everyone made it to the end with only one injury. One person sprained his ankle in the 18th hour and could not continue playing. The final score between the two teams was 1,151 to 1,084 points after 24 hours of playing. It is very encouraging to know that people whom many of us have never met would do something so crazy just to help the work of the hospital!
- In early April, the Portland International Church of Christ in Portland, Oregon, held a fundraiser, complete with musical entertainment and silent auction, to benefit the our work. Over \$5,000 was raised through their efforts.

On behalf of the patients and staff, we want to say a big "Thank you". The funds you raised will help change many lives and families. Your love and support have indeed encouraged our soul and warmed our hearts! Thank you!

# Good News March 2009



- On March 11, the hospital held the third Internal Medicine Graduation Ceremony. Dr. Sok Tino and Dr. Khaim Sophea completed the vigorous internal medicine training program. Minister of Health, H.E. Dr. Mam Bun Heng presided over the ceremony. SHCH has graduated 18 internal medicine doctors since the program began in 2000. Many of the graduates are still working at the hospital and have the responsibility of training the younger generation of physicians.

- From March 16 to 20, SHCH held a national training of trainers workshop entitled “Complicated Malaria Management at the Provincial Referral Hospitals in Cambodia”. This is the first of the three training modules developed by the SHCH malaria team. Dr. Kheng Sim, Vice Director of National Center for Parasitology, Entomology and Malaria Control (CNM) presided at the opening ceremony. Forty-eight participants from nine provinces attended the workshop. The next module will be held in July 2009.



- On March 20, SHCH hosted an exhibition booth at MEDiCAM’s annual general meeting.



- On March 21, SHCH participated in the second annual US Embassy Health Fair. We provided a simple health screening for over 150 of the Embassy’s employees and their families. Our booth was one of the best received because of the tireless work of our team.

## Update

|                                | March        | YTD           | Total to Date  |
|--------------------------------|--------------|---------------|----------------|
| Emergency Department           | 845          | 2,736         | 306,217        |
| Medical Outpatient Visits      | 0            | 0             | 217,430        |
| Medical Specialty Clinics      | 1,957        | 5,222         | 286,754        |
| CRC Patient Visits             | 1,872        | 5,660         | 97,869         |
| Surgery Clinic Care *          | 731          | 1,906         | 52,191         |
| Mobile Clinic & Telemedicine   | 655          | 1,745         | 8,347          |
| <b>Total Outpatient Visits</b> | <b>6,060</b> | <b>17,269</b> | <b>968,808</b> |
| Medical Inpatients             | 48           | 161           | 8,050          |
| Surgical Inpatients            | 59           | 167           | 6,523          |
| Operations & Procedures        | 108          | 284           | 11,415         |

\* Includes on-site and outreach clinics

# Thank You / សូមថ្លែងអំណរគុណ

**Principle Partner**– Dr. Haruhisa Handa (*Toshu Fukami*)– **World Mate**

## Major Supporters, Contributors, Partners

American Schools and Hospitals Abroad (ASHA)  
 AmeriCares  
 AstraZeneca  
 B. Krisher – Japan Relief for Cambodia  
 Brown University & Miriam Hospital  
 Build Cambodia  
 Canadia Bank PLC.  
 The Capital Group Companies  
 Center for Connected Health  
 Center for Disease Control and Prevention (US CDC)  
 G. Cogen  
 Direct Relief International  
 Directorate-General for Development Cooperation (DGDC)  
 EuropeAid  
 GE Medical Systems  
 Global Fund to Fight AIDS, Tb & Malaria  
 GTZ  
 Health Volunteers Overseas

Heart to Heart International  
 His Majesty King Father Preah Norodom Sihanouk & Her Majesty Queen Mother Preah Norodom Monineath of Cambodia  
 HOPE worldwide  
 HOPE worldwide – Japan  
 Institute of Tropical Medicine (Antwerp, Belgium)  
 Ministry of Health of Cambodia  
 MoH Principal Recipient for GFATM  
 National Center for HIV/AIDS, Dermatology and STD (NCHADS)  
 National Center for Parasitology, Entomology and Malaria Control (CNM)  
 National Center for Tuberculosis and Leprosy Control (CENAT)  
 Pfizer  
 University of Health Sciences, Phnom Penh  
 USAID through University Research Co., LLC (URC)  
 Welch Allyn, Inc.  
 World Diabetes Foundation (WDF)  
 World Health Organization (WHO)

## Major In-Kind Donors (2008)

|                        |                        |                        |
|------------------------|------------------------|------------------------|
| Abbott                 | Dr. G. Gumley          | Par Pharmaceutical     |
| Boehringer Ingelheim   | Hospira                | Dr. R. Probst          |
| Dr. Reddy's Laboratory | Johnson & Johnson      | Roxane Laboratories    |
| Eli Lilly Corporation  | Medicis Pharmaceutical | Sanofi-Aventis         |
| Endo Pharmaceuticals   | Merck                  | Schering-Plough        |
| Dr. A. Gellman         | Dr. B. Mintz           | Schwarz Pharma         |
| Genpharm               | Mylan Pharmaceuticals  | Dr. G. Stauch          |
| GlaxoSmithKline        | P&G Pharmaceutical     | Watson Pharmaceuticals |
|                        |                        | Zydus Pharmaceuticals  |

## Donors (January to March 2009)

### \$500 - \$1,000

B. Chiles  
 A. Jacoby  
 Dr. M Sammon  
 S. Whitwell

### \$1,000 - \$5,000

Anonymous  
 T. DeZarn  
 Dr. & Mrs. M. Drake  
 Dr. D. Jacoby  
 Dr. R. Kinoshita  
 R. Reading  
 School No. 376  
 I. & R. Tootill  
 Dr. D. Traver  
 Vanderbilt University

### \$5,000 – 10,000

HOPEww Zurich  
 Dr. T. Sussman & Friends  
 (Houlton Regional Hospital)

### Over \$10,000

E. Bachrach

## How to Donate

*Make a donation to the Sihanouk Hospital Center of HOPE and help us restore health to the sick and poor and healthcare to an entire nation.*

### *Giving Facts:*

- **\$50** provides ten chest x-rays, or ten pap smears.
- **\$500** covers one in-patient admission for a serious medical condition for one week.
- **\$1,000** provides 600 doses of antibiotic medicine to treat diseases like typhoid fever or meningitis.
- **\$5,000** provides salary and training costs for a trainee doctor for six months.

Donations made in the **USA, Japan, Great Britain, and Australia** are tax deductible in the respective countries.

For more information and ways to donate, please contact Elexa Shih, Director of Communications and Public Relations at [Elexa\\_Liu@hopeww.org](mailto:Elexa_Liu@hopeww.org) or go to [www.hopeww.org](http://www.hopeww.org)

For more information about donating supplies and equipment, contact Walter Kotkowski, Vice President of Procurement at [walter\\_kotkowski@hopeww.org](mailto:walter_kotkowski@hopeww.org).



## *Mission Statement*

*The mission of the Sihanouk Hospital Center of HOPE is to provide a center for the further education and clinical training of medical professionals, while delivering 24-hour, high-quality, free medical care to the poor and needy of Cambodia.*

The Sihanouk Hospital Center of HOPE was established in December 1996 in Phnom Penh, under the Cambodian NGO, Japan Relief for Cambodia. The hospital is staffed and managed by HOPE *worldwide*, a United Nations recognized NGO. The Sihanouk Hospital Center of HOPE is a member of MEDICAM, a membership organization for NGOs active in the health sector in Cambodia.

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